



## Rev. Dr. Medis Warren Cheek

July 6, 1939 - August 20, 2021

The Reverend Dr. Medis Warren Cheek was born in Norfolk, Virginia on July 6, 1939 to Reverends Herbert R. Warren, Sr. and Medis G. Warren. She was the eldest of two children and was preceded in death by her husband, Mr. Boyd Cheek, her parents and brother, Rev. Herbert R. Warren, Jr.

Dr. Cheek was educated in the Portsmouth Virginia Public School System having graduated from I.C. Norcom High School. She matriculated at Virginia State College graduating with a Bachelor's degree in Sociology. She earned a Masters of Social Work degree from Norfolk State University and she also earned a Masters of Divinity degree from The Samuel DeWitt Proctor School of Theology. She received an honorary Doctorate of Ministry degree from Livingstone College.

Dr. Cheek worked as a Social Worker in New York City and Portsmouth, Virginia for a number of years. She was also a collegiate professor of Social Work at Hampton University and Virginia Commonwealth University for a number of years.

Dr. Cheek was called by God and accepted the calling into the preaching ministry. Upon her ordinations as a Deacon and Elder in the AME Zion Church she was given her first and only pastoral appointment to the Gilmerton Star AME Zion Church on the Norfolk District in the Virginia Conference.

She was a Life Matron of the Life Members Council of the WHOM Society of the AME Zion Church, Life Member of the Ministerial and Lay Association of the AME Zion Church, Association of Christian Educators of the AME Zion Church. She was a member of the Presiding Elders Council of the AME Zion Church, Church Women United, Alpha Kappa Alpha Sorority, Incorporated and The Links Incorporated.

Dr. Cheek entered into eternal rest on August 20, 2021 at the home of her son and daughter in love Jarrod and Lakisha Cheek. Those left to celebrate her life in love and the cherishing of her memories are her loving sons, Rev. Dr. Heath L. Cheek (Rev. Sharon S. Cheek, daughter in love) of Woodbridge, VA and Mr. Jarrod W. Cheek (Mrs. Lakisha Cheek, daughter in love), of Stone Mountain, GA.

# Cemetery Details

## Olive Branch Cemetery

2 Cpl J M Williams Ave  
Portsmouth, VA

# Previous Events

## Visitation

AUG 31. 10:00 AM - 7:00 PM (ET)

J.T. Fisher Funeral Services  
1248 N. George Washington Hwy.  
Chesapeake, VA 23323  
(757) 487-3700  
info@jtfisherfuneralservices.com  
<https://www.jtfisherfuneralservices.com>

## Church Service

SEP 1. 10:00 AM (ET)

Brighton Rock AME Zion Church  
1300 Centre Ave  
Portsmouth, VA

# Tribute Wall

AL

“ *Ann Lewis lit a candle in memory of Rev. Dr. Medis Warren Cheek*



Ann Lewis - September 01, 2021 at 08:50 PM

FM

“ *There are no words to express my sincere condolences to Heath , Jarrod & the entire family. I've been blessed to have grown up admiring Soror PE 💕💚. Prayers for comfort and strength family. Rest Beyond The Wall Soror 💕💚.*



Frankie D Riddick Manley - September 01, 2021 at 09:17 AM

BB

“ *Bettie Bradley lit a candle in memory of Rev. Dr. Medis Warren Cheek*



Bettie Bradley - September 01, 2021 at 05:20 AM

AA

*She had become a friend in their short time I knew her. I will miss our talks after church!*

Annie Atwell - September 05, 2021 at 03:25 PM

PS

“ To the family of the Reverend Dr. Medis Warren Cheek. I offer my sincere condolences on behalf of such a beloved, unique and classy woman of God. I thank God for how she came into my life as a friend, a sister in Ministry, my Presiding Elder and at times, even a Mother figure. She came into my life at such a time that was needed in my early ministry as a motivator, counselor, advisor and friend, etc., for this I give God the Glory! She was surely an encourager, a help and a motivator, to God be the glory for the great things she did in the ministry to push me forward to be the best that I could be to the glory of God. My prayers are with you and for you as you go through this celebration of life for this great woman of God! God bless you and never loose focus of the fact that, “Earth has no sorrow that heaven cannot heal.”

*Pastor J. Maverick Smith, Sr., and the Endunamoo Faith Church Family.* 💕🙏

**Pastor J. Maverick Smith, Sr.** - August 31, 2021 at 11:45 PM

RP

“ I was sadden to hear about the passing of Rev Dr. Medis Warren Cheek. May peace fill your heart and faith lighten your grief, bringing you comfort knowing your loved one is safe in God's arms. PEACE BE WITH YOU.



**Rev Margaret Pittman** - August 31, 2021 at 10:53 PM

WS

“ Winifred Spencer lit a candle in memory of Rev. Dr. Medis Warren Cheek



**winifred spencer** - August 31, 2021 at 09:33 PM

RM

“ *Rev.Lillie M.Gray  
New Foreman Temple A.M.E.Zion Church*



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**Rev. Lillie M.Gray** - August 31, 2021 at 05:56 PM

MW

“ *To The Family of the late Rev. Dr. Medis W. Cheek,*

*'God shall wipe all tears from their eyes; and there shall be no more death, neither shall there be any more pain...' Revelation 21:4*

*It is my prayer that God will grant comfort, strength, and peace to the family.*

*Mrs. Catherine H. Whitley  
Former Norfolk District President, Women's Home and Overseas  
Missionary Society  
African Methodist Episopal Zion Church*

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**Mrs. Catherine H. Whitley** - August 31, 2021 at 03:33 PM



“ *Magnificent Life Spray was purchased for the family of Rev. Dr. Medis Warren Cheek.*



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August 31, 2021 at 02:59 PM

RG

“ From 1999 to 2003, Rev. Dr. Medis Warren Cheek was our Presiding Elder in the Newport News District. We, the pastor and members of Mars Hill A.M.E. Zion Church send our deepest condolences to her family and we will keep you in our prayers.



Rosa Gay - August 31, 2021 at 12:56 PM

SP

“ We send of deepest condolences to you in the homegoing of our beloved Rev. Medis W. Cheek. Praying your continued strength in the Lord our God. We light a candle in her honor. William and Shelia Price and family



Shelia Price - August 31, 2021 at 11:42 AM

JH

“ John & Shirley Hicks lit a candle in memory of Rev. Dr. Medis Warren Cheek



John & Shirley Hicks - August 30, 2021 at 11:06 PM

SH

“ Shirley E Hicks lit a candle in memory of Rev. Dr. Medis Warren Cheek



shirley e hicks - August 30, 2021 at 11:04 PM



“ *Divine Peace Bouquet was purchased for the family of Rev. Dr. Medis Warren Cheek.*



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August 29, 2021 at 10:01 AM



“ *The Petersburg District Lay Council lit a candle in memory of Rev. Dr. Medis Warren Cheek*



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**The Petersburg District Lay Council** - August 28, 2021 at 04:40 PM



“ *The Petersburg District Lay Council lit a candle in memory of Rev. Dr. Medis Warren Cheek*



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**The Petersburg District Lay Council** - August 28, 2021 at 04:29 PM



“ *Dorothy L Minter-Saunders lit a candle in memory of Rev. Dr. Medis Warren Cheek*



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**Dorothy L Minter-Saunders** - August 28, 2021 at 04:26 PM



“ 34 files added to the album Life Tributes



J. T. Fisher Funeral Services - August 28, 2021 at 07:53 AM



“ Lisa Hicks lit a candle in memory of Rev. Dr. Medis Warren Cheek



Lisa Hicks - August 27, 2021 at 07:07 PM



“ New Foreman Temple. A.M.E.Zion Church. Rev. Alvania Eason.Pastor



Rev. Alvania Eason - August 27, 2021 at 06:28 PM



“ *Gracious Lavender Basket was purchased for the family of Rev. Dr. Medis Warren Cheek.*



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August 27, 2021 at 04:38 PM



“ *1 file added to the tribute wall*



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**Jarrold Cheek** - August 27, 2021 at 10:18 AM



“ *1 file added to the tribute wall*



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**Jarrold Cheek** - August 27, 2021 at 10:16 AM



“ *Willmers Williams lit a candle in memory of Rev. Dr. Medis Warren Cheek*



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**Willmers Williams** - August 25, 2021 at 04:27 PM

LP

“ *Lisa Praileau lit a candle in memory of Rev. Dr. Medis Warren Cheek*



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**lisa praileau** - August 24, 2021 at 03:48 PM

JT

“ *On behalf of Beulah Land A.M.E. Zion Church, we express our deepest condolences on the transition of our dearly beloved Medis Warren Cheek. Beulah Land was the church of her youth and we honor her accomplishments in life and ministry! She will be missed immensely.*

*Pastor Juan M. Turnes, Beulah Land A.M.E. Zion Church, Zuni Virginia*

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**Juan M. Turnes** - August 23, 2021 at 07:42 AM