



John Lamparski

February 21, 1949 - November 13, 2025

John Michael Lamparski, Sr., 76, passed peacefully on November 13, 2025.

A military history enthusiast, he was known for collecting books, researching, and keeping meticulous notes. He also enjoyed films of all kinds and introduced his children to the classics.

He spent his final days knowing he was loved by many.

John is survived by his children, John Michael Lamparski, Jr. and Terri Swab and their mother, Donna (Wimmer) Lamparski. He is also survived by his grandchildren, Julianna Swab and Courtney Twigg DeVol.

The family wishes to express their sincere, heartfelt gratitude to the team at Portsmouth Health and Rehab for providing John with such excellent care these past years. We know that you will miss him too.