



## Frederick Lurell Sample, Sr.

December 10, 1950 - June 11, 2024

On the calm sunny afternoon of June 11, 2024, our loving and devoted husband, father, brother, grandfather, great grandfather and uncle Frederick Lurell Sample, Sr. quietly departed this life to be with the Lord at Maryview Medical Center, Portsmouth, Virginia.

Fred was born in Franktown, Virginia to the late James Velton Sample, Sr. and Beatrice Collins Sample. He gave his life to Christ at an early age at New Allen Memorial AME Church.

Fred received his education in Northampton County School system. He went on to further his education at Norfolk State University earning an Associate of Science degree in Industrial Arts.

In 1956, at the tender age of 5 years old, Fred met the love of his life, Margaret Baines. They shared a “puppy love” through elementary school and dated all through high school. They were united in Holy Matrimony August 24, 1969. Together, they provided a loving home for two beautiful children, Sabrina and Frederick, Jr.

In 1981, Fred became a proud member of the Freemasons Prince Hall Masons South Hill Lodge #197, Chesapeake, VA. During his tenure, he served as Junior Warden, Senior Warden, Worshipful Master and finally, Past

Master.

Fred was predeceased by his parents, James Velton Sample and Beatrice Collins Sample.

Fred leaves to cherish loving memories his wife, Margaret Sample, one daughter; Sabrina Sample Manning (Laurence), one son; Frederick L. Sample, Jr. (Sandra); 7 grandchildren, Ravyn Sample, Chancellor Manning, Taiwana Holley, Briana Sample, Tanwan Marshall, Jr., Taylor Manning, Frederick L. Sample, III, and 2 great-grandchildren; Deion Bryant, Dakota Marshall, and on the way, Frederick L Sample, IV. ; 4 brothers; James Sample (Dotti), Charles Sample (Eunice), Carlton Sample (Diane), Clarence Sample (Margaret); 2 sisters; Margaret Small (Herman-deceased), Beatrice Lilliston "Sissy"; 1 God-daughter, Donyette Smith Rodgers (Michael); 2 God-grandchildren, Avery Rodgers and Ashton Rodgers, and a host of nieces, nephews and friends.

# Previous Events

## Visitation

JUN **20**. 11:00 AM - 1:00 PM (ET)

J.T. Fisher Funeral Services  
1248 N. George Washington Hwy.  
Chesapeake, VA 23323  
(757) 487-3700  
info@jtfisherfuneralservices.com  
<https://www.jtfisherfuneralservices.com>

## Service

JUN **20**. 1:00 PM (ET)

J. T. Fisher Funeral Services Chapel  
1248 N. George Washington Hwy  
Chesapeake, VA

# Tribute Wall



“ J.T. Fisher Funeral Services created a Tribute Video in memory of Frederick Lurell Sample, Sr.



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**J. T. Fisher Funeral Services** - June 20, 2024 at 03:36 PM



“ Mrs. Margaret and family, I will be praying for you. My fondest memory of Mr. Freddy was every time I called to speak with you Mrs. Margaret, Mr. Freddy would be right by your side and I would speak to him also 😊. I already knew we would be having a joint conversation lol. Call me whenever you need someone to talk to or if you want to go somewhere. Love Torey and Michelle Edwards.

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**Michelle Edwards** - June 23, 2024 at 09:24 PM



“ 1 file added to the album Life Celebration Service



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**J. T. Fisher Funeral Services** - June 20, 2024 at 02:40 PM

SJ

“ *From the Family of the Late Hyland And Gloria Johnson*

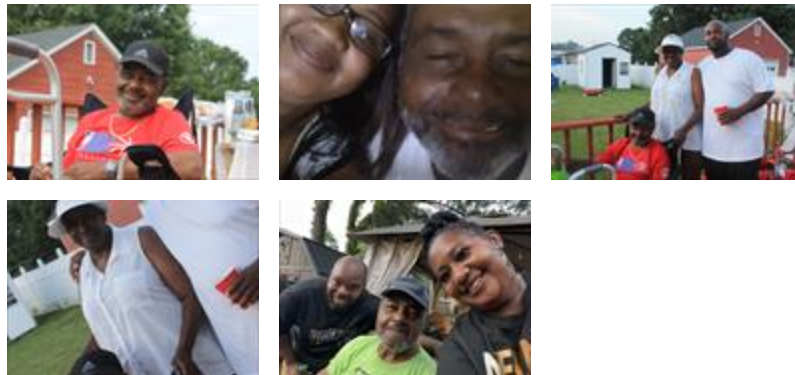
*My father, Hyland, always talked and visited his family in Virginia. He held his Uncle Buster and Aunt Bea in high regard, as well as his many cousins that he watched grow up and become good family.*

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**Shorel Johnson-Clark** - June 20, 2024 at 12:16 PM

S(

“ *Weekends at Uncle Freddy's and Aunt Margaret's were always a good time. Playing Bones, learning life lessons and just shooting the s\*\*\*, as Uncle Freddy would say. You will truly be missed. Always in our hearts.*



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**Shinelle Lilliston (niece)** - June 19, 2024 at 07:53 PM

VH

“ *Dear Margaret and family,  
May you find comfort in beautiful memories and strength in each others love throughout this difficult time. Freddie was a great family member and we all know that he is with our Lord in the Kingdom of Heaven.*

*May GOD Bless you and the family.*

*Vernon & Yolanda Hill*

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**Vernon Hill** - June 19, 2024 at 07:31 PM

HF

“ Horace (Junie) and Tammy Smaw and Family purchased the Beautiful in Blue for the family of Frederick Lurell Sample, Sr..



Horace (Junie) and Tammy Smaw and Family - June 19, 2024 at 04:16 PM

S(

“ Late nights at Uncle Freddy’s and Aunt Margaret’s were always a good time. Playing bones, talking about life and laughing were some of the fondest memories that we will always cherish with “Fast.” He and Aunt Margaret even taught us how to fish. I remember when we stayed out fishing til 3 in the morning. James and I will always remember all of the encouragement, support and advice that he would give us. He will truly be missed.



Shinelle Lilliston (niece) - June 18, 2024 at 11:08 PM

HI

“Margaret, Sabrina, Ricky, and the Sample Family, Harroll, and I were saddened to hear of Fred’s passing. He was a great guy, and we will always remember the many times when we were in his presence and how he made us all laugh. It was never a dull moment when Fred was around. Know that God makes no mistakes and that He only takes the best.



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**Harroll & Audrey Ingram** - June 18, 2024 at 09:12 PM

ML

“Margaret and family I am so sorry for your loss. Your memory pictures put a smile on my face, he knows he was loved and is now in a better place. Your love story is amazing, so beautiful and blessed to have true love 💕 for so many yes. Take care and know he’s always watching over you and his family. To God be the glory.

*With love, Marie & Clarence Lee*

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**Marie Lee** - June 18, 2024 at 10:29 AM

DB

“Margaret, Sabrina, Ricky and the Sample Family... My prayers and heart space share thoughts of Fred with great memories with you and the family in your time of grief. Our families have shared joys and sorrows together. Churchland Little League has never been the same. I pray your strength in the Lord.

*Della Boothe and Sons*

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**Della Boothe** - June 17, 2024 at 09:19 PM

DW

“ Sorry to hear of your loss. Praying that God sends you peace and comfort during your time of bereavement. God will give you what you need to get you through. Much love from Debra(Dale) Ames-Weatherley and Alexis.

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**Debra Weatherley** - June 17, 2024 at 09:01 PM

HR

“ Helen Harmon Rowley of Cape Charles wants you and the entire family to know that her warm thoughts and sincere prayers are with all of you during your times of sorrow. As you share your stories and memories, it is my hope that you find comfort in the familiar embrace of family members. Also, I pray that you find strength in the caring hearts of friends. Above all, please talk with the Lord who can provide peace through His healing power.

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**Helen Harmon Rowley** - June 17, 2024 at 03:52 PM

SW

“ I am grieved beyond expression to learn of your loss. May God bless and comfort you. Mrs. Sarah Harmon Windley

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**Sarah Windley** - June 15, 2024 at 12:31 PM