



Cynthia Ann Thorogood

September 22, 1965 - September 17, 2024

On September 17, 2024 Mrs. Cynthia Johnson-Thorogood transitioned into the eternal loving presence of God, Our Creator, and was welcomed with open arms by loved ones who'd arrived to that heavenly destination before her.

Cynthia was born on September 22, 1965. Her family hails from Edenton, North Carolina and she was raised in the Park Place community in Norfolk, Virginia. She was the daughter of Mrs. Virginia Clark and was the middle child of the family of three children.

Cynthia was educated in the Norfolk Public School System. She graduated from Granby High School in 1985 and went on to pursue a career in the field of healthcare. After several years of working in this industry she decided to transition into a different career path. She became an environmental services specialist at Didlake, a government contracting company.

She was a wonderful wife, daughter, sister, auntie, daughter-in-law and friend who treasured each precious moment with family and friends. She was most fulfilled when preparing large, impeccably seasoned feasts for family gatherings. Each homemade hot roll, pan of perfectly baked candied yams, homemade macaroni and cheese and two main courses of chicken and ham would be placed in front of eager diners to enjoy to their heart's content. Each

bite was filled with Cynthia's love. Everyone who was fortunate enough to partake of one of these feasts can attest to the fact that they were amazing! Not only was each meal tasty beyond imagine, but her hospitality, beautiful smile and attention to detail were heartwarming and made you feel special. Cynthia had a special gift of making everyone feel seen, heard and loved. This was also true of her interactions with what her husband refers to as Cynthia's "extended family" of nurses, doctors and technicians at the DaVita Norfolk Medical Center. This wonderful group of people would surely have been invited to one of these grand feasts, if time had permitted.

Cynthia took great pride in being a homemaker and delighted in having a wonderful home-cooked meal and relaxing tunes playing for her adoring husband when he came home from work. Cynthia and "Monty," as her husband is affectionately called, represented true relationship goals for everyone who knew them as a devoted couple who took their marriage of 15 years and another 9 years of dating before marriage, very seriously. After 24 combined years of building a life of together, it was clear to everyone that they meant the vows they took to love and cherish one another until death do them part. We have all been blessed to witness their devotion to one another in sickness and in health; and, will forever be reminded that each moment with our loved ones is a gift-one that can only be quantified by the person giving and receiving love.

Mrs. Cynthia Johnson-Thorogood leaves to mourn and to cherish fond memories: her husband, Mr. Arlo Montique Thorogood; her mother, Mrs. Virginia Clark; her siblings, Ms. Sandra Johnson and Mrs. Valerie Skinner; her Aunt Gloria Moore and a host of wonderful nieces, nephews, in-laws, cousins and friends.

"If you could make LOVE into flesh and blood, CYNTHIA would be the personification of it."

Previous Events

Visitation

SEP **26.** 3:00 PM - 5:00 PM (ET)

J.T. Fisher Funeral Services
1248 N. George Washington Hwy.
Chesapeake, VA 23323
(757) 487-3700
info@jtfisherfuneralservices.com
<https://www.jtfisherfuneralservices.com>

Chapel Service

SEP **27.** 12:00 PM (ET)

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Tribute Wall



“ J.T. Fisher Funeral Services created a Webcast in memory of Cynthia Ann Thorogood

**CLICK HERE TO
VIEW SERVICE**

J. T. Fisher Funeral Services - September 27, 2024 at 09:41 AM

DE

“ Dear Arlo, we are deeply sorry to hear about the passing of your wife, Mrs. Cynthia Johnson-Thorogood. May God continue to bless, comfort, and strengthen you and your entire family, during this time of loss. We were out of town and unable to attend the Home Going Service, but wanted to know that you have our condolences. (From Uncle Archie, Aunt Doris, & Family)

Doris and Archie Earl - September 26, 2024 at 11:24 PM

MT

Thank you family. 😊.

Monty Thorogood - September 28, 2024 at 11:50 AM

AJ

“ Cynthia was loved at Davita. She was family to us. Her kind words, smile, and huge heart will be missed. I thank God for the years we spend together.

Attilah Jackson,RN,FA,CNN - September 26, 2024 at 05:21 PM

MT

Thank you ma'am. She loved all of you past and present deeply. 😊.

Monty Thorogood - September 28, 2024 at 11:52 AM

ML

“*“Chic” as she was known to me was a pleasure to be around. She loved life to the fullest and always wanted everyone to have a great time. We worked together for several years and I am saddened to hear of her passing but thank God for her life...Sandra Little*

Min. Sandra Little - September 25, 2024 at 07:01 PM

LH

I will miss you ❤️❤️❤️ I am praying for the family and friends 🙏🙏🙏

Leona Harper - September 26, 2024 at 12:31 PM

MT

Thank you very much. 😊.

Monty Thorogood - September 28, 2024 at 11:54 AM

MT

Thank you for the kind words.

Monty Thorogood - January 06, 2025 at 07:07 PM



“*Sweet Solace Spray was purchased for the family of Cynthia Ann Thorogood.*



September 25, 2024 at 05:07 PM

MM

“ Michael, Valerie, Devon and Micaela planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Cynthia Ann Thorogood.

Michael, Valerie, Devon and Micaela - September 25, 2024 at 05:07 PM

LT

“ There are too many memories to start with. I'm at a lost on this one. To the family of my teenage years and our 20's to 30's My Chick will be missed. I love you all.

LILLIAN J TROTTER - September 25, 2024 at 11:49 AM

LH

I will miss you cousin love you too ❤️❤️❤️

Leona Harper - September 25, 2024 at 04:31 PM

MT

Thank you family.

Monty Thorogood - October 02, 2024 at 04:10 PM

MT

Thank you ma'am.

Monty Thorogood - October 05, 2024 at 01:42 PM

MT

Thank you Mrs. Trotter. Yes she will be.

Monty Thorogood - October 06, 2024 at 06:44 PM



“ 32 files added to the album *Life Tributes*



J. T. Fisher Funeral Services - September 24, 2024 at 10:54 AM