



Contrena Michelle Jones

January 10, 1972 - November 5, 2025

Contrena Jones passed away on November 5, 2025. She was born on January 10, 1972 to the late Barbara J. Jones and the late Elbert R. Saunders.

She graduated from Oscar Frommel Smith High School class of 1991.

She was a member of the Women on the Move for Jesus and a Volunteer Life Member for the Disabled American Veterans Auxiliary (DAVA) Chapter 26.

She became a daughter of Union Baptist Missionary Church on May 4, 2003 and joined Blessed Anointed Deliverance Sunday School Class and Wednesday night Bible Study where the late Bishop C.V. Russell Sr. is the Pastor.

In 2019, she joined the Holy Greeters/Hospitality Ministry at 5414 Nansemond Parkway Suffolk, VA where Bishop Russell Jr. is the pastor.

She was preceded in death by her brother, Steven Jones. Contrena leaves behind her mother, Sharon Saunders, two brothers, Gawain Saunders (Latrice) and Cedrick Perkins, several nieces, nephews, aunts, uncles, cousins and other family members and friends.

Cemetery Details

Greenlawn Memorial Gardens

3920 Airline Blvd
Chesapeake, VA

Previous Events

Visitation

NOV 16. 2:00 PM - 5:00 PM (ET)

J.T. Fisher Funeral Services
1248 N. George Washington Hwy.
Chesapeake, VA 23323
(757) 487-3700
info@jtfisherfuneralservices.com
<https://www.jtfisherfuneralservices.com>

Service

NOV 17. 11:00 AM (ET)

Union Missionary Baptist Church
5414 Nansemond Pkwy
Suffolk, VA 23435

Tribute Wall



“ 69 files added to the album Life Tributes



J. T. Fisher Funeral Services - November 15, 2025 at 11:29 PM



“ 3 files added to the tribute wall



sharon & Contrena - November 12, 2025 at 01:02 PM



“ Take your rest!!!



Lagina Gerald - November 09, 2025 at 06:08 PM

LG

Condolences to family Lorenzo Grandison

lorenzo grandison - November 10, 2025 at 02:23 PM

RM

I will miss you, Ronny McIntyre friend R.I .P

Ronny McIntyre - January 31 at 11:34 PM

LG

“ *We love and Will miss u
Dem Saunders!!!*



Lagina Gerald - November 08, 2025 at 03:43 PM

SC

“ *1 file added to the tribute wall*



sharon & Contrena - November 07, 2025 at 06:08 PM